

umaaneek temeeteemî-kah solot sahdayi baxih caalatat angaaraw mali. Inki say num qaada tassakaxxeh, saknat kee meqe caalat taallu duddam teetih tamcawwe barittoo, dariifaa kee buxâ marak tableh tan caalatâ kah solot Aalliyyaa kee Aalle wayti hinna.

3. Bikiri Teetik Dacrisa

Baxsa luk 3^{haytoh} caddoh qaynatih solootuy saynak kimbixxaa kee namma tatabih sokaati akak daarak dagoo boohâ baxay cayshoo kee sonnat qabali akak oobuh axcuk edde cabak abaanak sabab say numu rihim fanah birkir akah sugtanna axcuk kinni. Takkay ikkah, yaxcixeenim say numih saynak irô dagarih exxah yan bikir/"haymen"/ xeqsitta baxaa-baxsa le caagiida kinni.

4. Say Num Qaxa Tamquh Qokol Teetih Yakke

Say num soloote weenik kimbixxi teetik yambeh. Tah kaadu, kaxxam umaamay say marinaanek tet tayaagu dudda. Solot kaadu, ta taqbiq tet catam dibuk hinnay qaxmaqaane akah taallennah aba. Say numih kimbixxi argiqe weenik yambeh iyyaanam iyyeeni iyyeenil rakuh tan mablai nummak tu sinnih iyya kinni. Solot biyak kee gibdaabinaak bisoh hebeltô tuxxiqiy teetih osisah iyya mali.

5. Say Baxah Solot Diini Intit

Say baxah solot qaadaa kee diinil rakitak mango sanootah ni-baaxol abbinoowak yemeete. Takkay ikkah, Qhuraan takkay Yallih farmoyti Macammad (s.q.w) cadiisih addal say baxah solot wagsiisaak tunkuttubem ane waytam diini tutaaxago diggose.

Solot koros diinii kee Islaam diini qimbisaamaak 1000 sanataak naharal masril akkuk sugem baadak qaafiyat egla sanat 1997 teyyeeqe oyti yascasse. Tohuuk ugutak, Yallih farmoyti Macammad (s.q.w) tannah iyye iyyaanamaak bisoh solot wagsiisaak yuktubem aw tatruse amri mali.

Islaaminnâ diini akak uguteh yan fanti maacih baaxooxak Saqud-qarabiyaay, Suuriyaay, Liibaanosuuy, Iraanaay tonnah 260 miliyoonuuk daga takkeh tan muslimiin elle tan Indonuuysiyaay, Liibiyaay, Morooko kee Aljeeriyah innah tan baaxol say baxah solot mayan. Ni-baaxol tonnah tû-ced qakuu kee oyti sinnâ taqabi akke waytek say baxah solot akah yakke hebeloh sabab mayan. Tonnah, Yallih (s.w) faxxiime sinnih tû-xiq

Aalle sinni dagar gineeh nanu missosnam faxximta inta mabla haysinnam Yallih xaqul nee messersissaa?

Say Baxah Solot Gaanuun Kee Adam Baxi Gaarih Intit

Say baxah solot qaafiyat takkay Adam baxih gaarih caddol/intit gitak ane sinni abtoy raqtam faxximta kinnim mango sanootah ta caagidik kusaq abak tû-kaloot akak ceddeh tan dagorti inkih sadak temeete. Baxsa-luk, A.I.I sanat 1993 viyaanal gexsiteh yan baadak Adam baxi gaarih koboxuuy, sanat 1994 kayrol gexsiteh yan ummatta kee daddos koboxuuy, sanat 1995 beejingil gexsiteh yan baadak sayyo koboxul say baxah solot Adam baxi gaarat boodam kee raaqam faxiimaamal inkih sittin gey gufak abto akah sadan innah tekke.

Ni-baaxo Itiyoppiya baad sittingeyittet ossotinah xayi widdir teyyeeqeh tan buxâ marih madqaay, sayyo kee alaaqâ poliisi baaxô xaylol ken fayxiik iroh dagaral biyak keenik katassah tan abinitte digaala lem daffeesa.

Sitta fan gacissa hayna wak say baxah solootih gibdaabina boogisaanamaak bisoh helto duuda Aalle sinnih yan alqiy yaabukoonay ayyaamaak ilaa rihim ayrooy tonnah tohuuk gamadal dirkih ken fayxiik iroh gennaan silaacat abaanah yaniini baxaa-baxsa le ux waktii kee xex waktih taqabitte kataasaamih taagah raaqam faxximta.

Tû-kaloot akke waytek hebeltô tuxxiq Aalle waam kusaaqal akak timixxige say baxah solot raaqu duudam baxaa-baxsa le ayyunti exxaaxiiy, doolat kee doolat-im akke sinni missoynaani kee eglaali inkim akak Aaxaguk kulli dagar keenik faxximtaamak yewqek kinni. Baxsa luk, ta taqabi tammosseh tan inontiiy, kaxxa inontii kee ullat inonti solootuk tû-kaloot cedak raaqay, nee duddah iyyaanam faxximta. Diini miroctiiy, rasi kasleey, kedoh abbobtiiy, qunxaaneyta kee ayyunti addal ayti gexxo leh tan dagorti inkih ayyunta barisakaay uguugusak sayyoh amo-tani taqabi yekke yan solot raaquh naharsi difaaqat gacak yangiicilleenim faxximta.

Madiinat boodeh yan taqabii kee too bisle taqabittay say urrut boodah tanik ukummah yan solot kee kalah tan umam barit abinitte raqtuh nek faximtaamak nawquh tawakaak sollay!

“Inni say baxâ sayyo salootuk dacriseyyo!”



Ux farmooma le kubteebe sin guftam faxxeenikiy tonnah tû-mabul kee essero teelleenik ciggilta guubtal nee geytaanam duddaanah.

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Say Baxah Solot Leh Yan Tû-Kalootu

Mango say urruu kee baxuw xaleenah Aamantinaa kee fayxiy gitak ane sinnih sababah xamcin sayna/kimbixxa/ qunxa karma luk keenik argiikuuy, laffa heenik tonnah arciidukuuy ribak kaxxa gibdaabinaa kee rabi magada akkuk geytaman. Uxih anih tonnah solot sabbatah rabteeh, rabak raqtem takkay amo-tani cisab kee qaafiyat taqabi magada akkuk geytamtam mangoh.

"Madiina 3 alsih soonibah tan saaku buxah abba rabah teetik baxsime. Madiina buxah abba teetik rabeek gamadal is kee Inah faxximtam tanguh tellemo-abeenitih gaala kirah cayuk taqeshem qimbisse. Madiina kulli wak gaali kira beytuh guubuh elle tanih tan magaalaak Jabuuti fanah gexak ten. Madiina ayrok teena kulli way akak abak tenennah gexxem takkay immay elle adaaruk ten wakti maadaarinna. Ayrooraak gamadal madiinak exxa exxah gaceh yan dagar kee qabalat kaqaleh yan saray ikke ikkeh yani geytime. Mango cubbusook gamadal madiina xalay dabbaqan gital tet yibbixem kee solot sabbatah teetit aben cixxaak ugutak xalekkah rabak naguli dirar takku dudde.

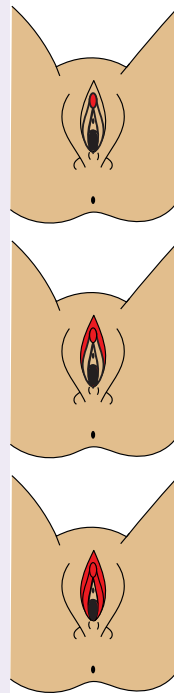
Tah solot sababah Qafar Rakaakayal tekke nummak tan daalisso. Takkuh, say baxah solootu yaanam macaay?

Say Baxah Solot

Baadak qaafiyat dacayrih egla 1995 A.L.L elle tascasennal say baxah solot say baxah nabsiyyak raceenah yan kimbixxa exxa aw inkitanuuk yargiqeenimi aw tonnah say baxah saynak ginoh ceelo milaagoonuh takke faxe abot addat yabbixe.

Say Baxah Solootih Caddoda

Say baxah solot elle aban gurraa kee kataasah yan taqabiik ugutak baxaa-baxsa le caddol lem kee baadak qaafiyat dacayrih egla 1995 teyyeeqeh tan oytal 3 caddol kaa kurte. Tohum



1^{haytoh} Caddo:- Say baxah saynak kimixxak /clitoris/ exxa aw inkitanuuk kalaanama

2^{haytoh} Caddo:- Say baxah saynak kimibixxa kee addâ sokaati /Labia Minora/ inkitanuuk aw exaaxi akak kalaanama

3^{haytoh} Caddo:- Ahaak dagal 1^{haytoh} caddoo kee 2^{haytoh} caddoh solootul qaddosnemit ossotinah say baxah saynak iroh sokto (Labia Majora) inkitanuuk aw exxa akak argaak sammô daco kee sonnat qabali akak oobuh qunxuu boohâ baxa edde cabak cixxa edde aban solootih qaynat kinni. Ta qaynatih solot Ingiliiz afah infibulation (infibulation) xeqsitam kee elle yemeete gurraak ugutak firqoniikil (pharaonic) yamixxige.

Say Baxah Solootuk Baar Kee Baxaca

Ni-baaxol karmak 15-49 sanatih fanat tan sayyok boolul 65 gabat solot lem sanat 2008 I.L.L yekke kusaq yascasse. Say baxah solot elle yakke yan rakaakayitek Qafar rakaakayal boolul 91 gabaay tonnah Soomaalih Rakaakayal boolul 82 ilaa 99 gaba gufah yanim tama kusaqih xaloot yascasse.

Say Baxah Solot Elle Yakke Gurra



Say baxah solootih abbinos abaanah yanin solootih qaynataay, solot abtah tan barrah dudda kee abak raagaak ugutaak baxsa lem kee abbinos tonnah awkâ xaalaay, caxxak missoosen daffeynaa kee kalah taniimil daffeesak aban. Tohuuk gamadal, biyak gibdaabina boogel akah qaddoose waytannaa kee tu akah able waytannah intii kee afal gaba teetik haak namma xaqul gaboobii kee ibaabu nagay

teetik tabbixu wayta namma barra haak solot abta barra fanal daffa inteh abta. Say urri gibdaabinaak gexxaamah isinni lowsiiisaanam efferra haanam fan ecla ken tabbixe. Isinni habballa heenih qawul caddo maadan.

Solot Edde Aban Silaacitte

Solot edde aboonuh gileey, mussaay, makasaay, booha le gileey, tiddigilleh tan turmuzih exxa kee dariifal yanih yan af le xaak xabba haanam edde yantifiqen. Tonnah kaadu, hebltoh qaynatih diway dagar habbaalissat antifiqe waanam dibuk hinnay inki solot silaacat mangoh yan urru elle solootisan dariifaa kee caaloota tan. Sidoc haytoh caddoh solotih qaynat abeenik gamadal cixxa aboonuh irbaa kee keenat yantifiqeenim timixxige.

Tigrayaay, Amaaraa kee Qargubbi cugaaneh yanih yan Qafar rakaakayal say alqi yoboakee gamadal 8 haytoh ayrol solootimam kee mangih laakin ta rakaakayih addal Affara sanataak ilaa bacra sanatih fanat solootimaanam tamixxige.

Tahaak ugutak, karamak ambukuuy tonnah dagar libdo baaheenik gamadal keenit yakke solootut koositoonuh aban firgoo kee giclo muxxi geeri dagar kee misinkica taqabil ken tacee.

Say Baxah Solot Kataasah Yan Taqabitte

Say baxah solot karamak edde abaanah yanin caddooy, solot abtah tan barrah karma kee duddaay, tonnah abaanah yanin solootih qaynataak ugutak kataasah yan taqabitte baxsa lem kee ux waktih taqabiy toowakaak yabbixee kee xex wakti taqabil kurruuma.

Ux Waktih Taqabitte

Solot dagar edde diisan dawa sinnim yakkeemih taagah say urri xamcinih tan sayna/kimbixxa keenik yargiqen uddur abaanah yanin biyak qansaru isinnik kalaloonuh aban firgot mango qabali keenik caxitam kee tonnah isinni edde habbaalaanamih caddo gufaanam duudan.

Solot edde aban silaacitteh qaynat kee afak leemiiy, solot abta barrak intii kee kalah yan duddaay, solot edde yakke awkâ qansari sabbatah abta firgoo kee kalah tan sababitteek gexxaamah mangoh tan alaaqak sayna kee haysoh

akak tamaateh tan dariifal kaxxa taqabi kataasa.

Solot dagar diissah tan dawa sinnim dariifal tanih tan afle duyyey nadaafatta sinnit yakkeemih taagah dalleetiyya (infection) kee tonnah firgô sabbatah maasayyoy sittak hoxxaamih taqabi ken yabbixe.

Kulliimiik muxxi qabali xagan xagook ugutak Each/Aay/Vii/Eexis kee kalah tan tabaatabta lakimittet duffuuman.

Xex Widdiirih Taqabitte

Solotuuk gexxaamah saynâ dariifa abta summitiyya (daleh Aamiyya) kee anxaqa sammô daaco akak tamaacteh tan aroocal taqab katassaamih taagah caysho abaanamih taqabi yabbixe.

Xalay waytiiy, Sonnat qabalih taqabii kee fido angaarawih uddur yakkeh yan qansari solot sabbatah sayyot boodah yan xex widdiirih taqabittek ugut kinni.

Solot sabbatah saynâ dariifal taabukeh tan daleek gexxaamah sayna gibdaa kee anxaqa bahta. Tah kaadu, xalay uddur sayna akah hirgime waytannah abak dabbaqaanal xex widdir sagan. Tohuuk ugutak, alqii kee ina inkih rabi magada takke. Rabak raqte inonti takke-way xalay dagaral kaxxa taqabi keen kataasaamih taagah cayshoo kee bagi daaco isinnik lowsiiisaanamih taqabi (festulla) ken yabbixe.

Say Baxah Solot Akah Aban Hoxa-Le Sababitte

1. Wuxuu yareeynaay Say numuk fidoh angaarawih fayxi (Nabsiyya) daggoosaah, lab numuk yajmaggeh

Solot say numuk nabsiyyâ raceenah yan kimbixxa argaak abaanamih taagah nabsiyya keenik dagoosam dubuk hinnay kulli wak abteh tan gibdaabina akah kassitannah teetik aba. Laakin say numih solot lab numih nabsiyya (fido angaarawih fayxi) elle osisa caalat mayan. Solot sabbatah saynâ dariifa abtah tan kafna/ gibda say num kee lab numuh inkih taqabi takke.

2. Say Num Saknat Kee Sabhalal Akah Taallannah Aba

Solot sinni say num caalat kee adab umaane bahta yaanam sugte mablah